

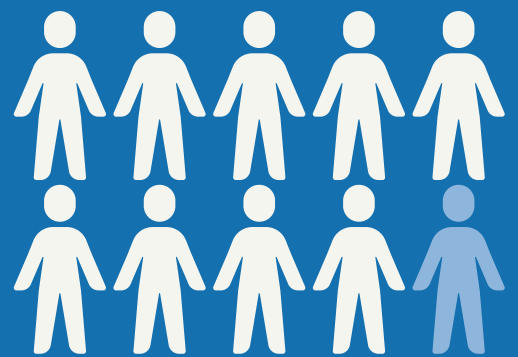


EXECUTIVE COACHING

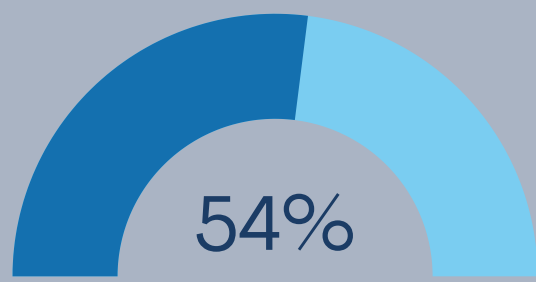
Developing Compassionate Leaders

COMPASSIONATE LEADERSHIP

Not all managers learn how to be compassionate leaders. Compassion coaching helps leaders make difficult decisions and offer the most effective support to their team.



9 out of 10 motivated by wellbeing initiatives



increase in productivity with wellbeing programs

PREVENTING BURNOUT

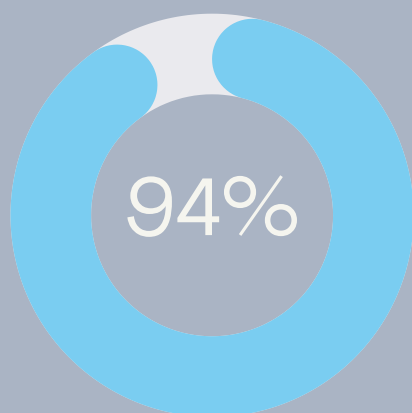
We help managers identify their employees' needs. Not all employees will ask for help. They may not feel comfortable approaching their supervisors. We will coach you to create a safe and open environment.

MORALE & MOTIVATION

Employees that feel supported by their employer experience fewer mental health symptoms, miss work less, perform better, have higher job satisfaction, stay longer, and have more trust and pride in their company.



exhibit signs of burnout



experience stress at work

INDIVIDUAL & GROUP COACHING

Coaching is offered individually and in groups to provide tools to all levels of management to be effective and compassionate leaders who foster belonging, trust, and reciprocity within their teams.

WELLBEING IS THE STATE OF BEING HEALTHY, JOYFUL, AND SUCCESSFUL. WE CONSIDER THE WHOLE PERSON, BODY, MIND, SPIRIT, AND THE SUPPORTS THEY HAVE IN PLACE.

